

Being left alone to embark on a reflective journey is a great gift—particularly in our age, where remaining connected is such a driving expectation. Charles decided to take a whole six months off and to spend much of this time in a hermitage on friends' property.

To enter a space of disconnection is both a scary and an exhilarating experience. And to “down” tools and be still without an agenda of expectations is wonderfully open and freeing. It is also walking into mystery. Who knows what might happen?

CHARLES RINGMA has taught in universities, colleges and seminaries in Asia, Australia and N.America. And he has worked in urban and overseas mission for several decades. He is Emeritus Professor of Regent College, Vancouver, is a Franciscan Tertiary (tssf) and companion of Northumbria Community, Brisbane. Besides working for justice, he plants rain forest trees, grows vegetables and pens books on Christian spirituality.

TERESA JORDAN is an artist and illustrator working in Brisbane. She delights in illustrating texts that explore spirituality and the struggle of faith in today's world. She has held many exhibitions and is the illustrator of “Hear the Ancient Wisdom” and “Of Martyr's, Monks and Mystics.”

PIQUANT
editions

ISBN 978-1-909281-57-8



Sabbath Time

Charles R. Ringma



Sabbath Time

*a hermitage journey of
retreat, return & communion*

Charles R. Ringma

Illustrated by Teresa Jordan